

# NEW FAMILY SUPPORT GROUP

For families of adult children dealing with substance addiction

## Families, Spouses and Parents of Addicted Loved Ones (PAL)

"PAL brought back hope, sanity and purpose in our lives." – PAL Parent

### WEDNESDAYS, 5:30PM

MARR Admin Building 2815 Clearview Place | Atlanta, GA 30340 **Contact: Michelle Lewis** 

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\*Participants must be 18 or older

#### **FREE Weekly Meetings Include:**

- Education
- Peer-to-Peer Support

#### **TOPICS INCLUDE:**

- The Addiction Cycle
- Delayed Emotional Growth
- Emotional Detachment
- Enabling Behaviors

- Recovery Steps
- Roles of the Family
- Emotional Detachment
- Setting Boundaries
- Financial Strings
- Recognizing Relapse

### FOR MORE INFORMATION ABOUT PAL: www.palgroup.org