

NEW FAMILY SUPPORT GROUP

For families of adult children dealing with substance addiction

Families, Spouses and Parents of Addicted Loved Ones (PAL)

"PAL brought back hope, sanity and purpose in our lives." – PAL Parent

WEDNESDAYS, 5:30PM

MARR Admin Building 2815 Clearview Place | Atlanta, GA 30340 **Contact: Michelle Lewis**

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*Participants must be 18 or older

FREE Weekly Meetings Include:

- Education
- Peer-to-Peer Support

TOPICS INCLUDE:

- The Addiction Cycle
- Delayed Emotional Growth
- Emotional Detachment
- Enabling Behaviors

- Recovery Steps
- Roles of the Family
- Emotional Detachment
- Setting Boundaries
- Financial Strings
- Recognizing Relapse

FOR MORE INFORMATION ABOUT PAL: www.palgroup.org